

Please note the information in this chart does not include of any our sauces that may be added to our food either in the kitchen or by yourself, please refer to the separate Sauce Allergen guide for the allergen information on those products

|   |        |        |             |      |      |       |      |          |         |      |         |              |      |                 |  |  |  |
|---|--------|--------|-------------|------|------|-------|------|----------|---------|------|---------|--------------|------|-----------------|--|--|--|
|  |        |        |             |      |      |       |      |          |         |      |         |              |      |                 |  |  |  |
|   | CELERY | GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSCS | MUSTARD | NUTS | PEANUTS | SESAME SEEDS | SOYA | SULPHUR DIOXIDE |  |  |  |

v1.1 150119

**Small Plates**

|                                     |   |         |   |   |  |  |   |   |  |  |  |  |  |  |  |   |  |
|-------------------------------------|---|---------|---|---|--|--|---|---|--|--|--|--|--|--|--|---|--|
| Southern Fried Chicken Pops         |   | ✓ Wheat |   |   |  |  |   |   |  |  |  |  |  |  |  |   |  |
| Halloumi Bites                      |   |         |   |   |  |  | ✓ |   |  |  |  |  |  |  |  |   |  |
| King Prawns                         |   | ✓ Wheat | ✓ |   |  |  |   |   |  |  |  |  |  |  |  |   |  |
| Garlic Bread                        |   | ✓ Wheat |   | ✓ |  |  | ✓ |   |  |  |  |  |  |  |  |   |  |
| Garlic Bread with Cheese            |   | ✓ Wheat |   | ✓ |  |  | ✓ |   |  |  |  |  |  |  |  |   |  |
| Nacho Slam                          |   |         |   |   |  |  | ✓ |   |  |  |  |  |  |  |  | ✓ |  |
| Nacho Slam with Pulled Beef Brisket | ✓ |         |   |   |  |  | ✓ |   |  |  |  |  |  |  |  | ✓ |  |
| Salt & Pepper Squid                 | ✓ | ✓ Wheat |   |   |  |  |   | ✓ |  |  |  |  |  |  |  | ✓ |  |

**Dippin' & Wingin' It**

|                         |   |         |  |   |  |  |   |  |  |  |  |  |  |  |  |  |  |
|-------------------------|---|---------|--|---|--|--|---|--|--|--|--|--|--|--|--|--|--|
| Large Chicken Wings     | ✓ | ✓ Wheat |  |   |  |  |   |  |  |  |  |  |  |  |  |  |  |
| Breaded Chicken Bites   |   | ✓ Wheat |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |  |
| Breaded Chicken Tenders | ✓ | ✓ Wheat |  |   |  |  | ✓ |  |  |  |  |  |  |  |  |  |  |
| Chicken Drumsticks      |   |         |  |   |  |  |   |  |  |  |  |  |  |  |  |  |  |

**Buns & Wraps**

|                                 |   |                       |  |   |  |  |   |  |  |  |  |  |  |  |  |  |   |
|---------------------------------|---|-----------------------|--|---|--|--|---|--|--|--|--|--|--|--|--|--|---|
| Pulled Beef Brisket Bun         | ✓ | ✓ Wheat               |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Pulled Beef Brisket Wrap        | ✓ | ✓ Wheat, Barley, Oats |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Chargrilled Chicken Bun         |   | ✓ Wheat               |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Chargrilled Chicken Wrap        |   | ✓ Wheat, Barley, Oats |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Breaded Chicken Fillet Bun      |   | ✓ Wheat               |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Breaded Chicken Fillet Wrap     |   | ✓ Wheat, Barley, Oats |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Chickpea & Spinach Bun          |   | ✓ Wheat               |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Chickpea & Spinach Wrap         |   | ✓ Wheat, Barley, Oats |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Halloumi Bun                    |   | ✓ Wheat               |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |  |  |   |
| Halloumi Wrap                   |   | ✓ Wheat, Barley, Oats |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |  |  |   |
| Aberdeen Angus Burger Bun       |   | ✓ Wheat               |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Aberdeen Angus Burger Wrap      |   | ✓ Wheat, Barley, Oats |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Add Cheese                      |   |                       |  | ✓ |  |  | ✓ |  |  |  |  |  |  |  |  |  |   |
| Sriracha Butterfly Chicken Bun  | ✓ | ✓ Wheat               |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Sriracha Butterfly Chicken Wrap | ✓ | ✓ Wheat, Barley, Oats |  | ✓ |  |  |   |  |  |  |  |  |  |  |  |  |   |
| Chicken Focaccia Sandwich       |   | ✓ Wheat               |  |   |  |  |   |  |  |  |  |  |  |  |  |  | ✓ |
| Half a Roast Chicken            |   |                       |  |   |  |  |   |  |  |  |  |  |  |  |  |  |   |

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# Sticky Sisters Allergen Information

v1.1

|   |        |        |             |      |      |       |      |          |         |      |         |              |      |                 |
|---|--------|--------|-------------|------|------|-------|------|----------|---------|------|---------|--------------|------|-----------------|
| <br>v1.1 150119 | CELERY | GLUTEN | CRUSTACEANS | EGGS | FISH | LUPIN | MILK | MOLLUSCS | MUSTARD | NUTS | PEANUTS | SESAME SEEDS | SOYA | SULPHUR DIOXIDE |
|   |        |        |             |      |      |       |      |          |         |      |         |              |      |                 |

## Salads

|                                    |  |         |  |  |  |  |   |  |   |  |  |  |  |  |
|------------------------------------|--|---------|--|--|--|--|---|--|---|--|--|--|--|--|
| Chicken, Tomato & Mozzarella Salad |  |         |  |  |  |  | ✓ |  | ✓ |  |  |  |  |  |
| Tomato & Mozzarella Salad          |  |         |  |  |  |  | ✓ |  | ✓ |  |  |  |  |  |
| Grilled Chicken Salad              |  | ✓ Wheat |  |  |  |  |   |  |   |  |  |  |  |  |
| House Salad                        |  | ✓ Wheat |  |  |  |  |   |  |   |  |  |  |  |  |

## Little Bit on the Side

|                                      |  |         |  |   |  |  |   |  |   |  |  |  |  |   |
|--------------------------------------|--|---------|--|---|--|--|---|--|---|--|--|--|--|---|
| Chips with Sriracha Rub              |  |         |  |   |  |  |   |  |   |  |  |  |  |   |
| Chips                                |  |         |  |   |  |  |   |  |   |  |  |  |  |   |
| Sweet Potato Fries with Sriracha Rub |  |         |  |   |  |  |   |  |   |  |  |  |  |   |
| Sweet Potato Fries                   |  |         |  |   |  |  |   |  |   |  |  |  |  |   |
| Add Cheese & Sweet Chilli Sauce      |  |         |  |   |  |  | ✓ |  |   |  |  |  |  |   |
| Savoury Rice                         |  |         |  |   |  |  |   |  |   |  |  |  |  |   |
| Potato Salad (Reg)                   |  |         |  | ✓ |  |  |   |  | ✓ |  |  |  |  |   |
| Potato Salad (Spicy)                 |  |         |  | ✓ |  |  |   |  | ✓ |  |  |  |  |   |
| Onion Rings                          |  | ✓ Wheat |  |   |  |  |   |  |   |  |  |  |  |   |
| Corn Stix                            |  | ✓ Wheat |  |   |  |  |   |  |   |  |  |  |  | ✓ |

## Little Chicks

|                             |   |         |  |   |   |  |   |  |  |  |  |  |  |  |
|-----------------------------|---|---------|--|---|---|--|---|--|--|--|--|--|--|--|
| Breaded Chicken Tenders     | ✓ | ✓ Wheat |  |   |   |  | ✓ |  |  |  |  |  |  |  |
| Halloumi Bites              |   |         |  |   |   |  | ✓ |  |  |  |  |  |  |  |
| Southern Fried Chicken Pops |   | ✓ Wheat |  |   |   |  |   |  |  |  |  |  |  |  |
| Fish Fingers                |   | ✓ Wheat |  |   | ✓ |  |   |  |  |  |  |  |  |  |
| Breaded Chicken Bites       |   | ✓ Wheat |  | ✓ |   |  |   |  |  |  |  |  |  |  |

## Specials

|                                   |  |                       |  |  |  |  |   |  |  |  |  |  |  |  |
|-----------------------------------|--|-----------------------|--|--|--|--|---|--|--|--|--|--|--|--|
| Burger Lunch Special              |  | ✓ Wheat               |  |  |  |  |   |  |  |  |  |  |  |  |
| Chicken Wrap Lunch Special        |  | ✓ Wheat, Barley, Oats |  |  |  |  |   |  |  |  |  |  |  |  |
| Veggie Wrap Lunch Special         |  | ✓ Wheat, Barley, Oats |  |  |  |  |   |  |  |  |  |  |  |  |
| Kids Burger Lunch Special         |  | ✓ Wheat               |  |  |  |  |   |  |  |  |  |  |  |  |
| Kids Chicken Pops Lunch Special   |  | ✓ Wheat               |  |  |  |  |   |  |  |  |  |  |  |  |
| Kids Halloumi Bites Lunch Special |  |                       |  |  |  |  | ✓ |  |  |  |  |  |  |  |

## Sweet Treats

|                          |  |         |  |   |  |  |   |  |  |   |  |  |   |  |
|--------------------------|--|---------|--|---|--|--|---|--|--|---|--|--|---|--|
| Vanilla Cheesecake Slice |  | ✓ Wheat |  | ✓ |  |  | ✓ |  |  |   |  |  |   |  |
| Pecan Pie Slice          |  | ✓ Wheat |  | ✓ |  |  | ✓ |  |  | ✓ |  |  | ✓ |  |
| Glazed Mini Doughnuts    |  | ✓ Wheat |  | ✓ |  |  | ✓ |  |  |   |  |  | ✓ |  |
| Cookie Brownie Ice Cream |  | ✓ Wheat |  | ✓ |  |  | ✓ |  |  |   |  |  | ✓ |  |
| Churros                  |  | ✓ Wheat |  |   |  |  | ✓ |  |  | ✓ |  |  |   |  |
| Knickerbocker Glory      |  |         |  | ✓ |  |  | ✓ |  |  |   |  |  | ✓ |  |
| Sticky Heaven Platter    |  | ✓ Wheat |  | ✓ |  |  | ✓ |  |  | ✓ |  |  | ✓ |  |

|      |  |   |   |                       |
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### Ice Cream Factory

|                      |  |  |  |  |  |  |   |  |  |  |  |  |   |  |
|----------------------|--|--|--|--|--|--|---|--|--|--|--|--|---|--|
| Soft Serve Ice Cream |  |  |  |  |  |  | ✓ |  |  |  |  |  |   |  |
| Chocolate Sauce      |  |  |  |  |  |  |   |  |  |  |  |  |   |  |
| Strawberry Sauce     |  |  |  |  |  |  |   |  |  |  |  |  |   |  |
| Caramel Sauce        |  |  |  |  |  |  | ✓ |  |  |  |  |  |   |  |
| Chocolate M&M's      |  |  |  |  |  |  | ✓ |  |  |  |  |  | ✓ |  |
| Jelly Tots           |  |  |  |  |  |  |   |  |  |  |  |  |   |  |

### Drinks (For bottled or canned drinks please refer to the product labels)

|                               |  |          |  |   |  |  |   |  |  |  |  |  |   |   |
|-------------------------------|--|----------|--|---|--|--|---|--|--|--|--|--|---|---|
| Vanilla Thickshake            |  |          |  | ✓ |  |  | ✓ |  |  |  |  |  |   |   |
| Strawberry Thickshake         |  |          |  | ✓ |  |  | ✓ |  |  |  |  |  |   |   |
| Chocolate Thickshake          |  |          |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |   |
| Add Brownie Chunks            |  | ✓ Wheat  |  | ✓ |  |  | ✓ |  |  |  |  |  | ✓ |   |
| Hardshake - Jack Daniels      |  |          |  | ✓ |  |  | ✓ |  |  |  |  |  |   |   |
| Hardshake - Kahlua            |  |          |  | ✓ |  |  | ✓ |  |  |  |  |  |   |   |
| Americano Coffee (No Milk)    |  |          |  |   |  |  |   |  |  |  |  |  |   |   |
| Espresso                      |  |          |  |   |  |  |   |  |  |  |  |  |   |   |
| Cappucino                     |  |          |  |   |  |  | ✓ |  |  |  |  |  |   |   |
| Latte                         |  |          |  |   |  |  | ✓ |  |  |  |  |  |   |   |
| Hot Chocolate                 |  |          |  |   |  |  | ✓ |  |  |  |  |  |   |   |
| Tea (All Varieties - No milk) |  |          |  |   |  |  |   |  |  |  |  |  |   |   |
| Coke Float                    |  |          |  | ✓ |  |  | ✓ |  |  |  |  |  |   |   |
| Draught - Bud Light           |  | ✓ Barley |  |   |  |  |   |  |  |  |  |  |   |   |
| Draught - Magners Dark Fruits |  |          |  |   |  |  |   |  |  |  |  |  |   | ✓ |

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