



Allergen Information

Allergens:

Sticky Sisters priority is to ensure our customers with food allergies and intolerances have accurate information to make safe choices from our menu. Where any of the 14 specified allergies are present we will tell you. When one of our suppliers reports they have identified a risk of cross contamination in their production line we will tell you the product may contain an allergen. Sticky Sisters restaurants have controls in place to reduce the risk of cross contamination in our own kitchens and storage areas.

In common with other catering operations, our kitchens are open environments and there is always a risk of cross contamination. Hence we cannot guarantee any product is entirely free from any allergen and customers with severe food allergies should take this information into account that the processes with which our food is prepared on workstations and equipment will be a risk of contamination and we cannot guarantee that a product or ingredient may be allergen free.

Our Team will not advise you on any products to purchase due to potential risk to consumer, However you will be guided to the allergen list of information present in the restaurant or to the relevant website. As a guest if you or any member of your group suffer from a severe allergy you the consumer must make your own choice of food products knowing that our kitchens are in an open environment.

Gluten Free:

Some of our products state that they are Gluten Free from supplier however with the open environment and use of same equipment to cook and prepare products there is no way we can guarantee 100% Gluten Free of any product as the products are at risk of contamination through cooking and preparation procedures being an open environment and we do not have separate kitchens, equipment.

Vegetarian:

Please be aware that our vegetarian products are cooked within the same areas and equipment as meat products. Separate utensils and chopping boards for vegetarian products are in place but during the cooking process may be contaminated (Tainted) by other food products so we can't guarantee 100% Vegetarian products.