



## Sticky Sisters Allergen Information

### **Allergens:**

Sticky Sisters priority is to ensure our customers with food allergies and intolerances have accurate information to make safe choices from our menu. Where any of the 14 specified allergies are present we will tell you. When one of our suppliers reports they have identified a risk of cross contamination in their production line we will tell you the product may contain an allergen. Sticky Sisters restaurants have controls in place to reduce the risk of cross contamination in our own kitchens and storage areas.

In common with other catering operations, our kitchens are open environments and there is always a risk of cross contamination. Hence we cannot guarantee any product is entirely free from any allergen and customers with severe food allergies should take this information into account that the processes with which our food is prepared on workstations and equipment will be a risk of contamination and we cannot guarantee that a product or ingredient may be allergen free.

Our Team will not advise you on any products to purchase due to potential risk to consumer, However you will be guided to the allergen list of information present in the restaurant or to the relevant website. As a guest if you or any member of your group suffer from any severe allergy you the consumer must make your own choice of food products knowing that all our kitchen are in an open environment.

### **Gluten Free:**

Some of our products may state that they are Gluten Free from supplier however with the open environment and use of same equipment to cook and prepare products there is no way we can guarantee 100% Gluten Free of any product as the products are at risk of contamination through cooking and preparation procedures being an open environment and we do not have separate kitchens, equipment.















### **Vegetarian:**

Please be aware that our vegetarian products are cooked within same areas and equipment as meat products. Separate utensils and chopping boards for vegetarian products are in place but during the cooking process may be contaminated (Tainted) by other food products so we can't guarantee 100% Vegetarian products.

















**Natasha's Law:**

From 1<sup>st</sup> October 2021 Natasha's Law came into effect. Due to the nature of our business in Sticky Sisters we make all our products for our guests fresh to what has been ordered. We have no pre-packed items on hold for guest's to select and choose from a display cabinet. All guest's will need to continue to review our allergen product lists prior to ordering their food and this is all consumers responsibility to make their own choice from information provided in the folder and / or display.

														
	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur dioxides sulphites E720-728	Lupin	Molluscs
<b>GET THE SHOW STARTED</b>														
GARLIC BREAD	✓						✓							
GARLIC BREAD WITH CHEESE	✓						✓							
HALLOUMI STICKS	✓						✓							
MOZZARELLA STICKS	✓					✓	✓							
HOT CORN							✓							
NACHOS SLAM						✓	✓							
<b>THE MAIN EVENT</b>														
6,9,12,20 or 30 Wings (Fried)	✓						✓							
5,7 or 9 Tenders (Fried)	✓						✓							
6,9,12,20 or 30 Wings (Grilled)														
5,7 or 9 Tenders (Grilled)														
<b>BURGERS &amp; WRAPS</b>														
BRIOCHE BUN	✓		✓			✓	✓							
SOFT WRAP	✓													
STICKY'S ORIGINAL	✓						✓							
SRIRACHA-CHA	✓		✓				✓							
MANGO UNCHAINED	✓						✓							
THE BUFFALO OG	✓		✓				✓			✓				
STICKY'S SMOKIN' BBQ	✓						✓							
MEXICAN CRUNCH	✓						✓		✓					
TOO HOT TO HANDLE	✓		✓				✓			✓				
THE HALLOUMI ONE	✓						✓							
THE SISTERS' VEGGIE	✓						✓							
<b>SALADS &amp; RICE BOXES</b>														
GARDEN SALAD	✓		✓							✓				
CHICKEN SALAD	✓		✓				✓			✓				
CHICKEN RICE BOX	✓						✓							
<b>LITTLE CHICKS</b>														
MINI CHICKEN FILLET BITES	✓						✓							
CHICKEN TENDERS	✓						✓							
CHICKEN BURGER	✓						✓		✓		✓			
HALLOUMI BURGER	✓						✓		✓		✓			
<b>SIDES</b>														
CLASSIC FRIES														
SPICY FRIES										✓				
SWEET POTATO FRIES														
TIGER FRIES														
CHEESY FRIES						✓	✓							
STICKY'S LOADED FRIES	✓					✓	✓							
STICKY'S DIRTY FRIES	✓					✓	✓							
ONION RINGS	✓													
HOUSE SLAW			✓											
HOUSE RICE														
MAC & CHEESE	✓						✓							
<b>SAUCES &amp; RUBS</b>														
DREAMY GARLIC			✓				✓			✓				
SHOW ME THE AIOLI			✓							✓				
COOL RANCH			✓				✓			✓				
SMOKIN' BBQ														
CHEESY BLUE			✓				✓			✓				
PIRI PIRI PERFECTION														
HONEY, I MUST			✓							✓				
SWEET THAI CHILLIN'														
PEPPER JAM SLAM									✓					
JIGGLIN' JALAPENO														
STICKY SISTERS														
BUFFALO KICKER														
SRIRACHA SUNRISE														
MANGO MADNESS														
BLAZIN' BBQ	✓					✓								
HABANERO HEAT														
TEARJERKER										✓				
HEINZ KETCHUP									✓					
HELLMANS MAYONNAISE			✓											
STRAWBERRY														
CHOCOLATE														
SALTED CARAMEL							✓							
SPICY CHIP SEASONING										✓				
<b>DESSERTS</b>														
CHURROS (Chocolate)	✓		✓				✓	✓						✓
CHURROS (Caramel)	✓		✓				✓	✓						✓
MINI DOUGHNUTS	✓		✓				✓	✓						✓
CHOCOLATE FUDGE CAKE	✓		✓				✓	✓						✓
VANILLA ICE CREAM			✓				✓							
STRAWBERRY ICE CREAM			✓				✓							
CHOCOLATE ICE CREAM			✓				✓							
<b>FLOATS AND SHAKES</b>														
COKE FLOAT			✓				✓							
HAND BLENDED MILKSHAKES (Vanilla)			✓				✓							
HAND BLENDED MILKSHAKES (Strawberry)			✓				✓							
HAND BLENDED MILKSHAKES (Chocolate)			✓			✓	✓							
HAND BLENDED MILKSHAKES (Salted Caramel)			✓				✓							
LOADED MILKSHAKES with Oreo	✓		✓			✓	✓							
LOADED MILKSHAKES with Maltasers	✓		✓			✓	✓							



														
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LOADED MILKSHAKES with Biscoff	✓		✓			✓	✓							
LOADED MILKSHAKES with KitKat	✓		✓			✓	✓							
JACK DANIELS														
KAHLUA														
HOT DRINKS														
AMERICANO														
LATTE							✓							
CAPPUCCINO							✓							
ESPRESSO														
TEA							✓							
HOT CHOCOLATE							✓							

\* May Contain Traces of the Allergen

Created on: 1st October 2021